eness is to understand ones, the enession and "Forgiveness Is..." Forgiveness is to understand one's strength, endurance, compassion and courage. It awakens our inner being, so that we may filter out what's needed and what's not needed. Mostly, causing us to live beyond the surface and cultivate pure happiness, which forgiveness is an acquired taste of divine peace. Michelle H Pennsylvania



Below is a question to reflect on from this piece. Feel free to also use it as a conversation starter with a fellow reader, or even a loved one on the outside!

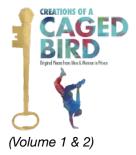
What are some steps we can take to begin our journey toward "strength, endurance, compassion, and courage"?

How can we "acquire a taste" for the peace and happiness experience by those who have truly forgiven?

We'd love to hear what you thought of the piece, or if you've had any meaningful conversations as a result. Or perhaps you'd like to share an expression of your own (visual art or creative writing). You are always welcome to write to us at Shining Light at P.O. Box 267, Annville, PA 17003.

*Note: We will not be able to provide a response to your letter or receipt of your submission, but know that we value your feedback and contributions and will take them seriously.

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