

"I Forgive You Because..."

I forgive you because it weighs me down to carry the extra weight...

I forgive you because I choose to let go of the bondage you tried to inflict on me.

I forgive you because I can see the light growing stronger in me when I do.

I forgive you because I know how it feels to be unforgiven.

I forgive you because if God can forgive me for all I've done, then who am I to withhold that from someone else.

I forgive you because it needs to start somewhere, that ripple effect that has the potential to change the world.

I forgive you because love and light flow through me more and more each day and I want you to experience the joy of it and pass it on.

Rachel K
Pennsylvania

Thank You FOR READING!

Below are some questions to reflect on from this piece. Feel free to also use one as a conversation starter with a fellow reader, or even a loved one on the outside!

How do you feel and respond when you read a line like, "I forgive you because I know how it feels to be unforgiven"?

Is this a feeling you've also experienced?

What are some steps we can take to reach the point where we can "see the light growing stronger" in us, as Rachel describes it, when we forgive others?

We'd love to hear what you thought of the piece, or if you've had any meaningful conversations as a result. Or perhaps you'd like to share an expression of your own (visual art or creative writing). You are always welcome to write to us at Shining Light at P.O. Box 267, Annville, PA 17003.

**Note: We will not be able to provide a response to your letter or receipt of your submission, but know that we value your feedback and contributions and will take them seriously.*

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