the bravery my broken be restored and renewed. is iveness agai t see iter b ewed "Forgiveness Is..." pl joy Forgiveness is the bravery my broken heart seeks to be pas restored and renewed. Renewed to smile again and feel the let true joy of the smile; to laugh again and let the moment of low th the laughter be life to me; to dream again and put action to faith to bring them to pass; to love again and accept and know that I've always deserved to be loved and receive love 6 tion when I was told I wasn't. These crossing roads weave the ridges within my broken heart and fill it with a remedy to wasn love forgive myself for what I didn't know and what others who hurt me didn't know. Forgiveness is my bravery. rid it W ceive Camilia Ohio wha nese hurt ithin didn't know and what others didn't know. Forgiveness is my brave



Below is a question to reflect on from this piece. Feel free to also use it as a conversation starter with a fellow reader, or even a loved one on the outside!

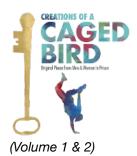
Everyone does deserve to be loved. Yet the cycle of failing to love goes on.

What are some steps you can take to work against that cycle — to find your way to love for others, and for yourself?

We'd love to hear what you thought of the piece, or if you've had any meaningful conversations as a result. Or perhaps you'd like to share an expression of your own (visual art or creative writing). You are always welcome to write to us at Shining Light at P.O. Box 267, Annville, PA 17003.

*Note: We will not be able to provide a response to your letter or receipt of your submission, but know that we value your feedback and contributions and will take them seriously.

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For these courses, you have the opportunity to receive a certificate directly from Shining Light if you send in a written copy of your work to the address above.