hold the "Forgiveness Is..." Forgiveness is within. We all hold this ability inside us. Born as a pure, creative spark. Let it go! "O'Hono Pono" No longer the harbinger of your own defeat. All forgiveness is self-forgiveness. We are all one - Together in The Oneness. Connected by the Master Web of Creator. Each glistening, sticky thread holds us together, even in distance far, far away to give is to receive - Let It Out! H.LTAPIA Ohio



Below are some questions to reflect on from this piece. Feel free to also use one as a conversation starter with a fellow reader, or even a loved one on the outside!

When we hold on to grudges, do you think we are interfering with the human connectedness our world desperately needs? When we are unable to forgive, what effect does this have on the "oneness" H.L. describes?

How does not forgiving ourselves create a rupture in this web of connection? Do you see ways to strengthen that web-like connection through forgiveness—maybe even through forgiving people we do not know?

We'd love to hear what you thought of the piece, or if you've had any meaningful conversations as a result. Or perhaps you'd like to share an expression of your own (visual art or creative writing). You are always welcome to write to us at Shining Light at P.O. Box 267, Annville, PA 17003.

*Note: We will not be able to provide a response to your letter or receipt of your submission, but know that we value your feedback and contributions and will take them seriously.

OTHER SHINING LIGHT COURSES ON EDOVO YOU MAY WANT TO CHECK OUT:

















For these courses, you have the opportunity to receive a certificate directly from Shining Light if you send in a written copy of your work to the address above.