

"Forgiven"

I forgive you because I'm to blame,
for the reasons you no longer talk to me,
I forgive you because it's okay,
that you needed distance just to breathe.

I forgive you for hating me,
it helped me realize, it helped me see,
that I hate the world for my mistakes,
I forgive you because I'm to blame.

Nico H
Pennsylvania

Thank You FOR READING!

Below are some questions to reflect on from this piece. Feel free to also use one as a conversation starter with a fellow reader, or even a loved one on the outside!

Think about this idea of having time and space "just to breathe." Do you think we sometimes rush to anger, instead of slowing down, and waiting, and discovering a way to forgiveness?

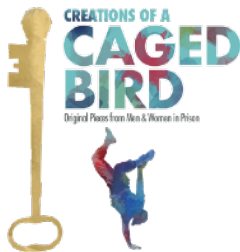
Have you found ways to slow down and breathe, as Nico says?

Has this helped you to be more forgiving?

We'd love to hear what you thought of the piece, or if you've had any meaningful conversations as a result. Or perhaps you'd like to share an expression of your own (visual art or creative writing). You are always welcome to write to us at Shining Light at P.O. Box 267, Annville, PA 17003.

**Note: We will not be able to provide a response to your letter or receipt of your submission, but know that we value your feedback and contributions and will take them seriously.*

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