

SEASON 6

# Episode Three



Artist Chontelle Shirk from Pennsylvania won first place in our cover art contest for this piece, which was in response to the theme "Zest." It was featured as the cover for *The Loop*, Issue 5 - 2023 (© Chontelle Shirk)



Artist Joshua Parham from South Carolina won second place in our cover art contest for this piece, which was in response to the theme "Zest" for the Loop, Issue 5 - 2023  
(© Joshua Parham)



Artist T.J.C. from South Dakota won third place in our cover art contest for this piece, which was in response to the theme "Zest" for the Loop, Issue 5 - 2023 (© T.J.C.)



*Artist Douglas T. from Arkansas originally submitted this piece, explaining, "This piece is meant to be a cross between a dreamcatcher and a lamp. The dreamcatcher for peaceful sleep & the sun, moon & stars are lights to illuminate the darkness so one can find their way no matter where we are - even in the darkness that is prison." (© Douglas T.)*



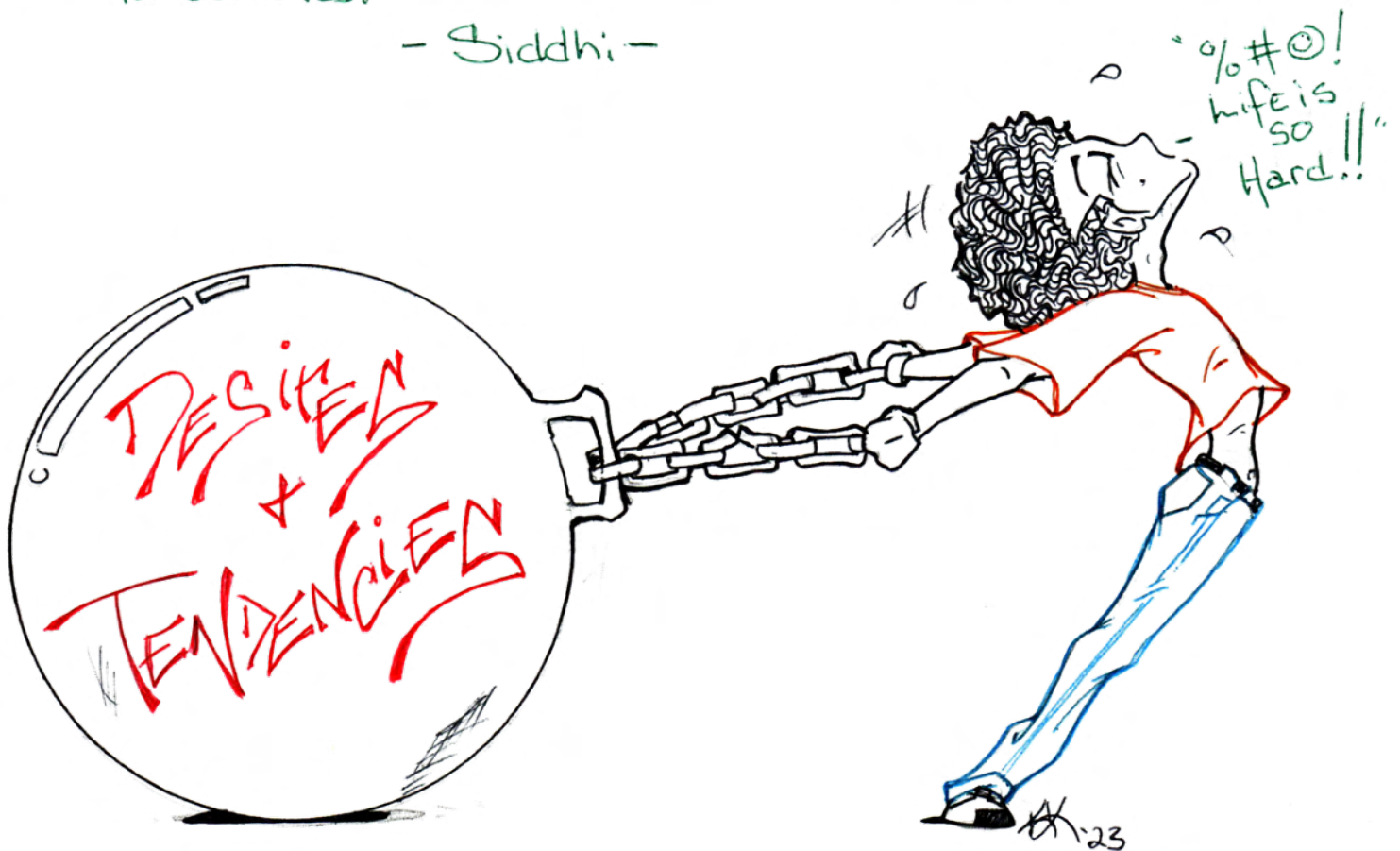
Artist Jeffery A. from North Carolina submitted this collage piece for our cover art contest around the theme "Zest" for the Loop, Issue 5 - 2023 (© Jeffery A.)



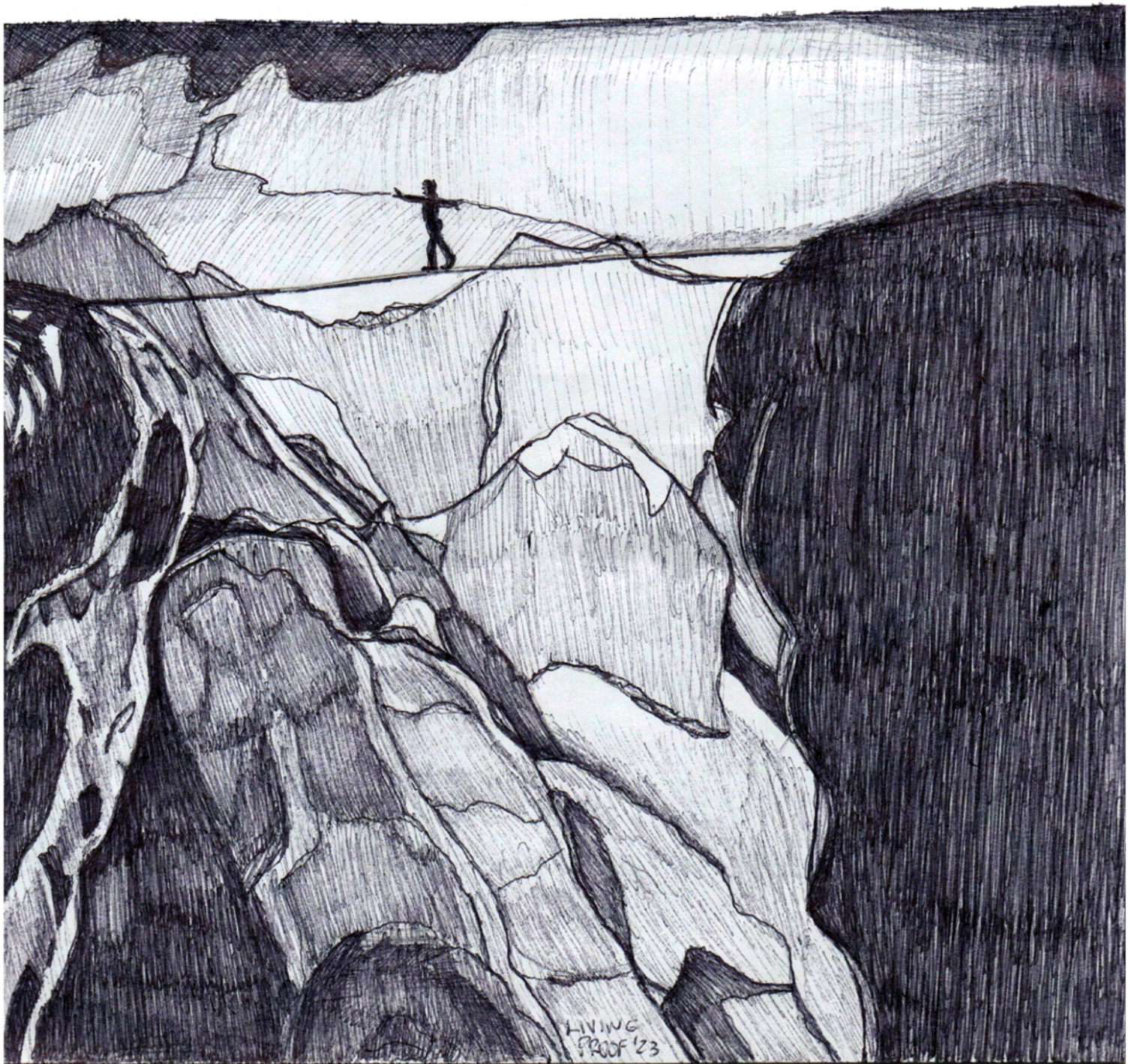
Artist Eugene B. from Pennsylvania (© Eugene B.)

"Life often seems hard" % of our own desires + tendencies. As long as we hold on to something, as long as we don't want to lose something, as long as we desire anything to be a certain way, as long as we want something to be different, as long as we need something, we are creating hard times. In these ways we make life difficult for ourselves."

- Siddhi -







*Artist Brian B. from Pennsylvania submitted this piece for our cover art contest in response to the theme "Zest" for the Loop - Issue 5 - 2023 (© Brian B.)*



*Artist Brian B. from Pennsylvania submitted this piece for our cover art contest in response to the theme "Zest" for the Loop - Issue 5 - 2023 (© Brian B.)*



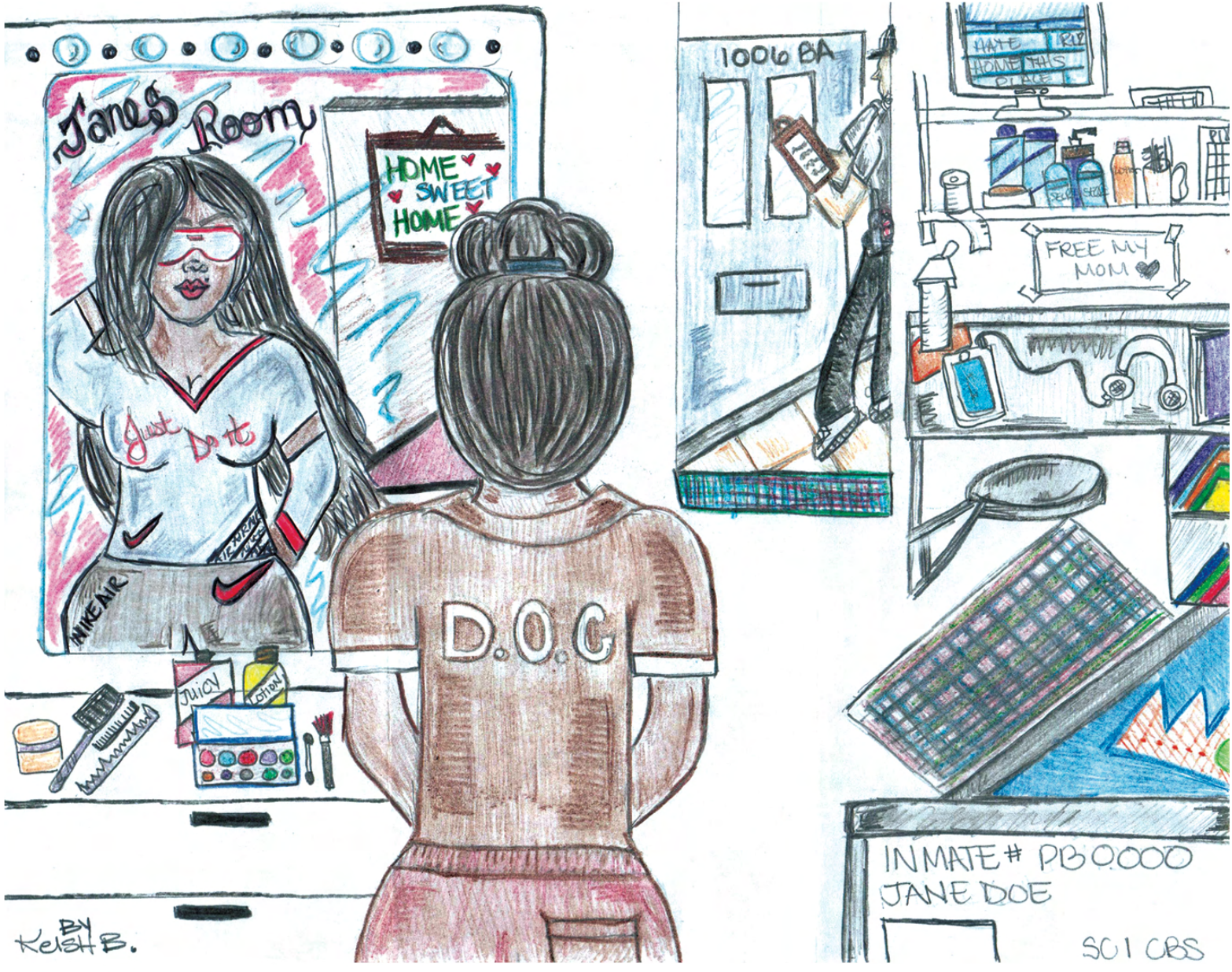
Artist Patricia B. from Pennsylvania submitted this piece for our cover art contest in response to the theme "Zest" for the Loop - Issue 5 - 2023 (© Patricia B.)



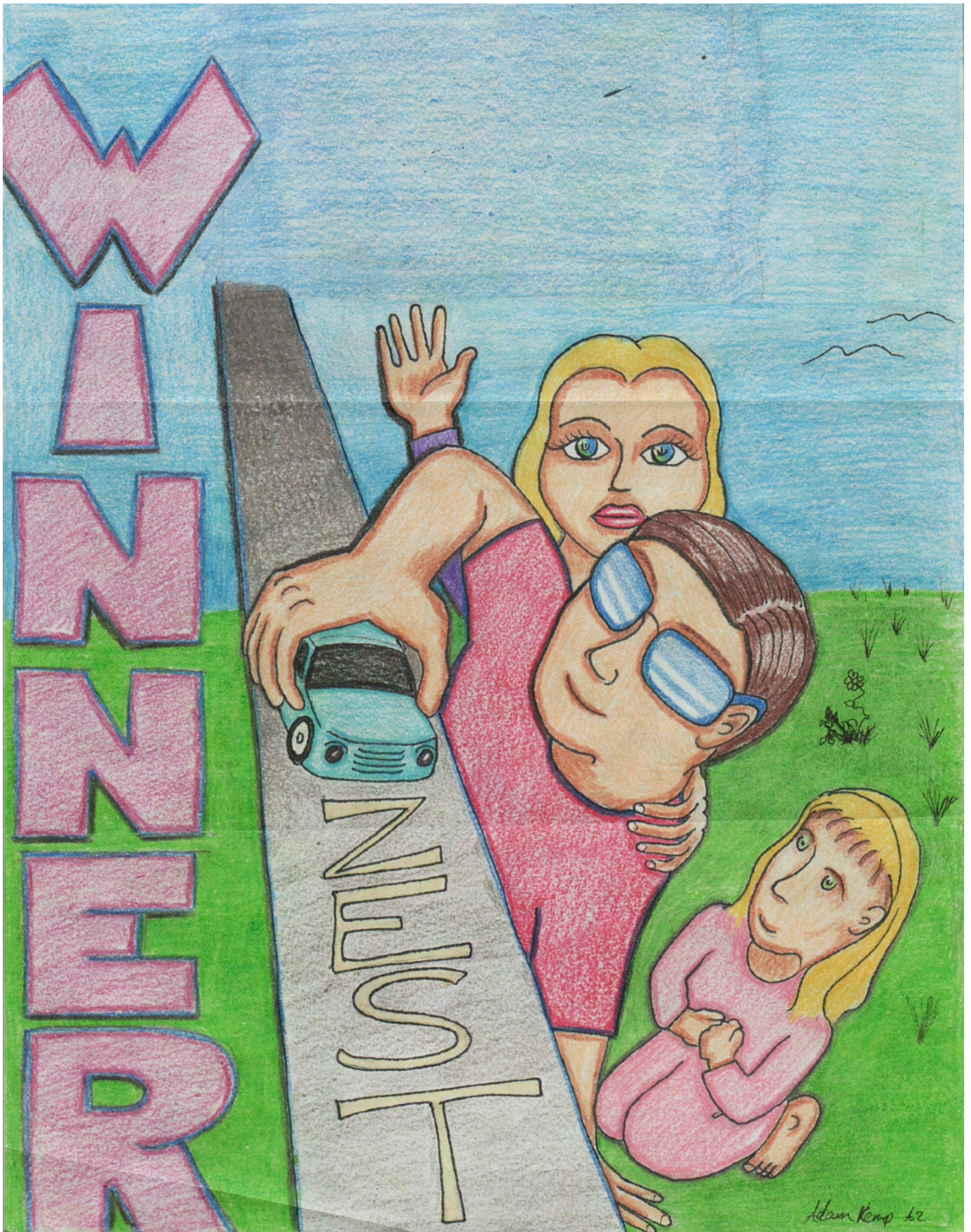
Artist Marchell B.W. from North Carolina submitted this piece for our cover art contest in response to the theme "Zest" for the Loop - Issue 5 - 2023 (© Marchell B.W.)



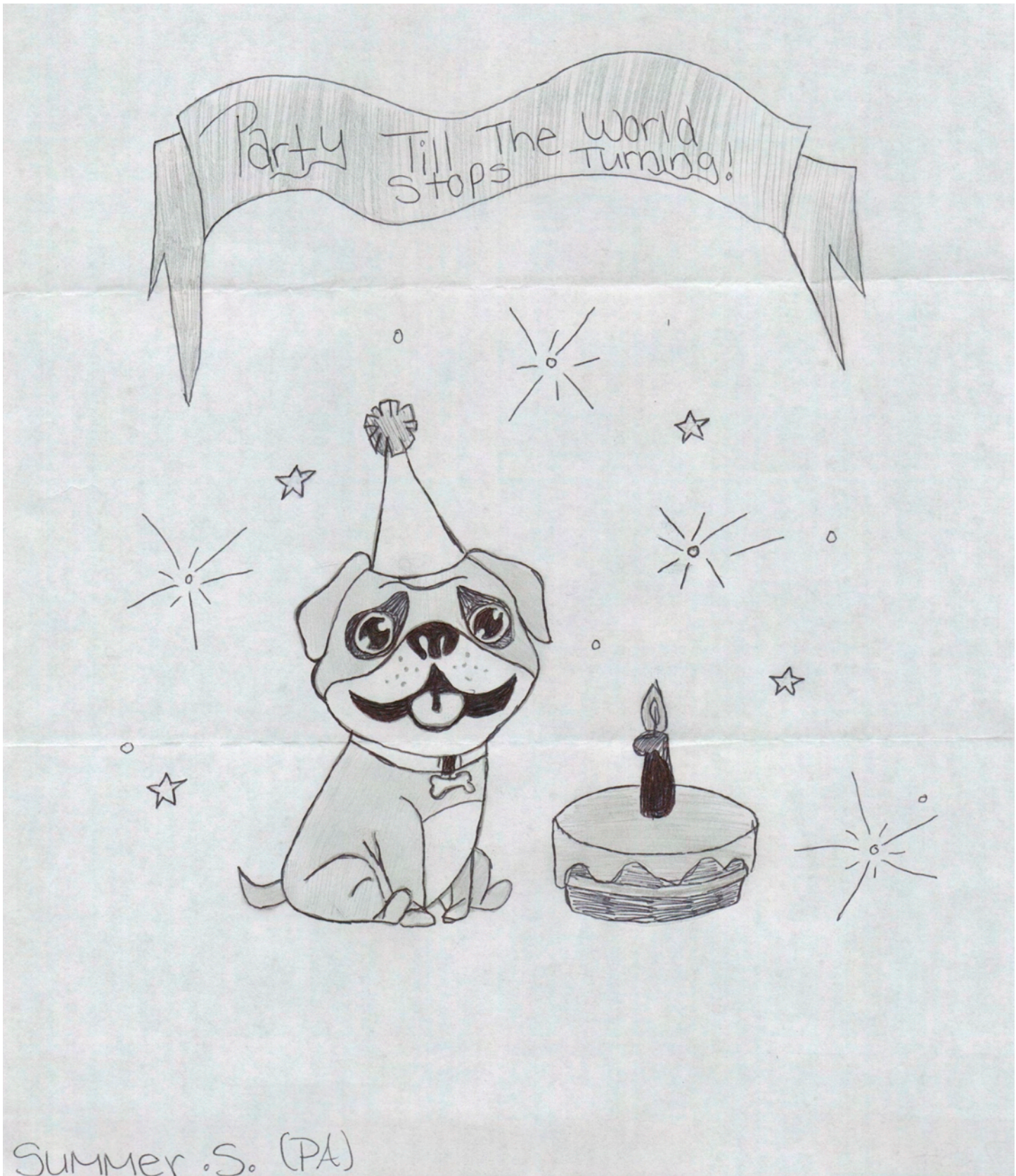
Artist Kasheyon L.C. from Pennsylvania submitted this piece for our cover art contest in response to the theme "Zest" for the Loop - Issue 5 - 2023 (© Kasheyon L.C.)



Artist Kelsha B. from Pennsylvania submitted this piece for our cover art contest in response to the theme "Zest" for the Loop - Issue 5 - 2023 (© Kelsha B.)



Artist Adam K. from Arizona submitted this piece for our cover art contest in response to the theme "Zest" for the Loop - Issue 5 - 2023 (© Adam K.)



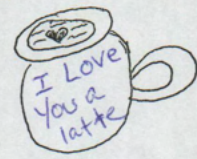
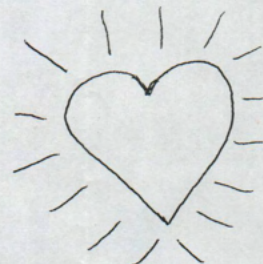
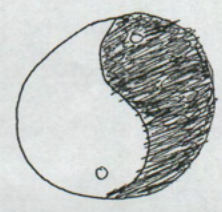
Artist Summer S. from Pennsylvania submitted this piece for our cover art contest in response to the theme "Zest" for the Loop - Issue 5 - 2023 (© Summer S.)





Artist Gary F. from South Carolina submitted this piece for our cover art contest in response to the theme "Zest" for the Loop - Issue 5 - 2023 (© Gary F.)

# THE Loop



The Sun  
Has Set on  
Yesterday &  
Has Not yet  
risen on tomorrow

## HAPPINESS

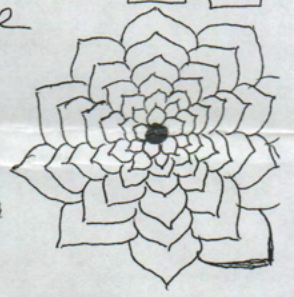
existence

The Fruit of the Spirit is:

- Love - Joy - Peace
- Patience - kindness
- Goodness - Self Control
- Faithfulness and
- Gentleness

## LOVE

Uck  
alues



## PERSONALITY

You may not always have a comfortable life & you will not always be able to solve all the world's problems at once but dont ever underestimate the importance you can have because history has shown us that courage can be contagious & hope can take on a life of its own - Michelle Obama



## ZEST

## MILY



## friendship



Chinese Proverb:  
one moment of patience may ward off disaster; one moment of impatience may ruin a whole life.

## FAITH

No Amount of Darkness Can Extinguish our inner Light

## faith

Artist Rebecca G. from Illinois submitted this piece for our cover art contest in response to the theme "Zest" for the Loop - Issue 5 - 2023 (© Rebecca G.)



Artist Jordyn M. from Pennsylvania submitted this piece for our cover art contest in response to the theme "Zest" for the Loop - Issue 5 - 2023 (© Jordyn M.)