

Judgment & Changing Minds

Prior to my arrest and incarceration, I, like far too many, had no sympathy for the imprisoned. "Out of sight, out of mind." But when the shoe is on the other foot, as the old saying goes, I became aware of the fact that there are no "bad" people, only "bad" choices. Prison has given me pause to reflect, re-evaluate, and look at many previously held views in a totally new way.

I would say that yes, it has helped me to forgive, for how can I deny forgiveness when I seek the same from others?

Gary F.
South Carolina

Thank You FOR READING!

Below is a question to reflect on from this piece. Feel free to also use it as a conversation starter with a fellow reader, or even a loved one on the outside!

Has your outlook on people who are imprisoned in the U.S. changed as a result of your own incarceration? How would you describe that change?

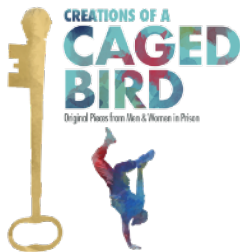
Was it sudden, or has it been slow and gradual?

Can you think of other times or situations when an abrupt change in your own life led you to reconsider previously held ideas or attitudes?

We'd love to hear what you thought of the piece, or if you've had any meaningful conversations as a result. Or perhaps you'd like to share an expression of your own (visual art or creative writing). You are always welcome to write to us at Shining Light at P.O. Box 267, Annville, PA 17003.

**Note: We will not be able to provide a response to your letter or receipt of your submission, but know that we value your feedback and contributions and will take them seriously.*

OTHER SHINING LIGHT COURSES ON EDOVO YOU MAY WANT TO CHECK OUT:



(Volume 1 & 2)



(Issues as far back as Sept '21!)



spoken word
LAB



playwriting
LAB



For these courses, you have the opportunity to receive a certificate directly from Shining Light if you send in a written copy of your work to the address above.